

Holistic & Remedial Massage

Sports Therapy Massage

Sports massage is good for releasing muscle tension and restoring balance to the musculoskeletal system. It reduces strain and discomfort caused by training or participating in sport, and it encourages the body to heal and repair any injuries sustained.

30mins massage	£25
60mins massage	£38

Deep Tissue Massage

Massage designed to work tight, stiff and tired muscles, deeply and intensively working on those areas proving most problematic. Ideally suited for those who are both physically and mentally active to aid relaxation and allow the body to feel re-energised and invigorated.

30mins massage	£25
60mins massage	£38

Aromatherapy

Aromatherapy Massage combines the power of pure 100% organic essential oils with specialised massage techniques – your choice of oils will be specifically blended to meet your needs on the day of the treatment to offer a personalised massage time after time

30mins massage	£27
60mins massage	£42

Warm Bamboo Massage

Originating from South East Asia, described as “hot stone massage with attitude”, warm bamboo massage is a new concept in deep tissue relaxation massage, the tension simply melts away under the warmth of the bamboo.

60mins massage	£40
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Hot & Cold Stone Therapy

The Ancient healing properties of Basalt stones have been known across the 4 corners of the globe for centuries. Hot stones used on their own bring about an extremely deep level of relaxation, whilst used together with cold stones can facilitate in speeding up recovery times from injuries greatly.

60mins massage	£40
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Hair Removal

Waxing

½ leg	£15	Brow	£7
Lip	£5	Tummy	£5
Full leg	£22	Chin	£5
Bikini/Speedo	£15	Forearm	£10
High Bikini	£18	Full arm	£14
Underarm	£8	½ leg, bikini & brow	£30
Chest from	£22	Back from	£22

Intimate Waxing (using Waxperts Hot Wax)

Female Hollywood	£35	Male Hollywood (BSC)	£40
Female Brazilian	£30	Male Brazilian	£35

Facial Threading

Brows	£7	Lip	£5
Chin	£6	Neck	£7

Environ Skincare Treatments

The Environ range of face and body products, for homecare and professional skincare use, have been developed by Dr. Des Fernandes, a respected South African plastic surgeon. The Environ philosophy is that by protecting our skin from UV rays, pollution, bad diet and stress we can prevent premature ageing and maintain a healthy, beautiful skin for a lifetime. Environ normalises skin, by utilising high doses of Vitamins A, C, E and Beta Carotene applied topically, providing skincare to prevent and to treat photo-damage, problem skin, pigmentation and scarring and is suitable for children, men and women

Active Vitamin Treatment (Manual) 1 hour **£35**

Cool Peel **£45**
(course of 6 £225)

Full descriptions of each facial treatment are available on the website
www.omnitherapyrooms.co.uk/environ-facials-sthelens

The full range of ENVIRON home maintenance products are available to purchase following an initial in depth skincare consultation

Skin Rejuvenation

Natural Facelift Rejuvenation

Using facial acupressure points and gentle massage we can give the facial muscles a lift and a new lease of life. No machines, no gimmicks, no needles just traditional Indian massage techniques to release deep seating tension and wrinkles. Effects can be seen after one treatment, though a course is recommended as the accumulative effects will be greater.

60mins massage	£35
Course of 4	£120

Infra-Red Light Collagen Therapy – Medically proven and used within dermatology clinics in hospitals, this non-invasive, painless technology can improve eczema, psoriasis and acne prone skin conditions. Improves the appearance of your skin, fine lines and wrinkles are alleviated; cellulite and scarring and stretch marks diminish. When used in conjunction with having Environ facials can achieve even more dramatic results. Treatment can also alleviate joint pain due to the deep heat properties of the infra-red light.

Prices start from	£5 per session/£15 per week
8 week block booking	£100

Nail Treatments

Shellac™ is a revolutionary hybrid nail colour that lasts 2/3 weeks without chipping or having any drying time, including cuticle work and shaping. Shellac can be applied on both fingers and toes – plus it doesn't damage your natural nails!

Full colour	£22.00
French	£25.00
Shellac Art	from £30.00
Swarovski Crystal Mani or Pedi	from £30.00
Removal (or included if Shellac being reapplied)	£5

Callus Peel Treatment – extremely effective in the removal of dry, hard and cracked skin on the heels and balls of feet.

One treatment area	£15
Two treatment areas	£20

Jane Iredale Mineral Makeup

Known as The Skin Care Makeup, the *Jane Iredale* line is so safe and beneficial to use that it is recommended by plastic surgeons and dermatologists throughout the world.

Wedding Day Makeup Application including trial £60

It's your big day, all eyes will be on you! Your makeup is an important part of getting ready and your face is the thing people will be looking at be it when you walk down the aisle, through the lens of a camera or on video. With a professional make up application you can be confident you will radiate beauty and confidence on this your special day. Having a makeup trial will allow you to get exactly the look you want so on the day there is no experimenting, no uncertainty, and no added worry about your makeup.

Bridal Party Makeup Application

Mother of the bride/groom £35 (optional trial £15)
Bridesmaid £35 (Bridesmaid aged 11-14 £20, under 10 complimentary!)
Wedding Guest £35

Occasion Makeup Application – Proms, Birthdays, Job Interviews, Graduation, Formal Balls etc

£35 including trial (£5 discount if trial no required)

Tanning

Crazy Angel Spray Tan

Calling all lost Angels! Crazy Angel is a fabulous collection of professional tanning products. Combining ultra moisturising Bearberry extract with naturally derived dual tanning agents, Crazy Angel creates a flawless, luxurious and long lasting tan whilst nourishing the skin.

3 choices of colour intensity –

Midnight Mistress, Twilight Mistress, Golden Mistress

Spray Tan	£20
Express Develop Tan	£25
Monthly Course of 4 tans	£60 non transferable

Eye Treatments

Weekend Party Lashes	£10
4D Semi Permanent lashes*	£45
Lash Infills (2 weeks) **	£15
Lash Infills (3 weeks) **	£20
Brow Tint*	£6.50
Lash Tint*	£7.50
Brow Shape	£5.50
Brow shape, tint and lash tint*	£20
Brow shape and brow tint*	£12
Brow shape and lash tint*	£15
Ultimo Brows HD*	£25
Construct-A-Brow*	£30
Lash Lift*	£35

NB All * treatments require a sensitivity test at least 48hr prior to treatment, regardless of whether you have had this treatment elsewhere.
** We can only carry out lash infill treatments on lashes we have originally applied. We cannot do this if you have had the original set completed at another salon.

Treatment Packages

Omni Therapy Rooms can tailor a programme for you from 1 to 8 hours, please contact the salon to arrange your perfect day. For your convenience we have put together a small selection of packages.

Omni Signature Treatment

Combining several massage elements to give you the ultimate massage experience. Your senses will be treated via a personal aromatherapy essential oil blend and stresses soothed away with long massage strokes utilising the warm bamboo and key massage techniques complimented by an Environ prescriptive facial including facial and scalp pressure point massage.

120mins treatment (full body massage & facial)	£70
90mins treatment (back massage & facial)	£55

Holiday – Full leg, underarm, high bikini, brow shape, tint & lash tint, followed by Shellac nail colour of your choice on fingers and toes £90

Top to toe – Environ Facial, Aroma Back massage, ½ leg, brow & bikini wax, complimented with Shellac nail colour on fingers & toes – Perfect for the Bride to Be! £110

Man about town – Environ Facial, Deep Tissue Back Massage, Express nail file & brow, nasal and ear tidy – Great for Grooms too £75
Body Waxing available at an additional charge

Welcome to Omni Therapy Rooms...

Based in the heart of the Haydock community, we are pleased to be able to offer you high quality treatments at affordable prices to suit every budget.

Our aim is to make you feel and look vibrant and amazing time after time, and you can be assured that every treatment will be tailored to suit your own individuality.

So come and see us soon, we hope that once you've tried us it'll be an experience that you'll want to repeat again and again.

Looking forward to making you feel wonderful

Opening Hours

Monday Closed
Tuesday Prior Appointment Only
Wednesday 11 – 6pm
Thursday 10 – 8pm
Friday 10 – 7pm
Saturday 9 – 2pm

For all treatments booked at the salon a free consultation is always carried out prior to the treatment.

Our staff are continually increasing their skills and expertise so for all the latest treatments and special offers available please consult our website www.omnitherapyrooms.co.uk

We value our therapist's time. Please allow 24hrs notice if you need to cancel, otherwise a 50% charge incurred. A £10 non-refundable deposit will be taken to secure all bookings for treatments of £40 or more. Online Booking terms and conditions do vary and are available each time you book online. We reserve the right to update our prices without prior notice.

Gift vouchers are available for all treatments and are valid for 6months from date of purchase. They cannot be exchanged for a cash alternative.

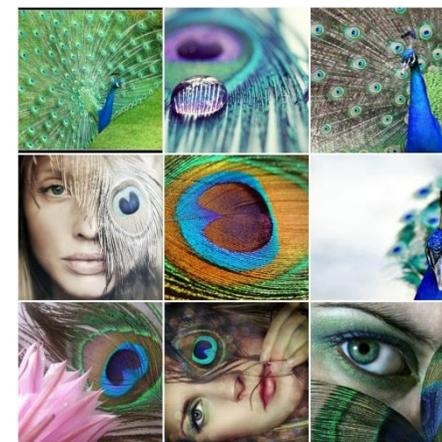


ENVIRON.
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Omni Therapy Rooms

Skin Care, Sports, Holistic & Beauty Therapy Specialists



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BOOK ONLINE AT –

www.omnitherapyrooms.co.uk